

Parkdale Project Read

Celebrate Learning

Activity Book



Name: _____

Parkdale Project Read would like to celebrate your learning with some activities to work on throughout this month. Feel free to work with your tutor, group leader or staff on the activities in this booklet. Staff will check in to ask you how you felt about the activities in this workbook.

Please keep this workbook in your portfolio.



Included in this booklet:

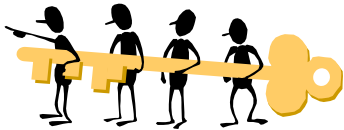
1. How are you doing in your learning?
2. What are your learning strengths?
3. How do I use my learning strengths?
4. Write about what these pictures mean to you?
5. Word search puzzle
6. A-Maze-ing
7. One way to set your learning goals
8. Calendars

Thank you for being a part of Parkdale Project Read.

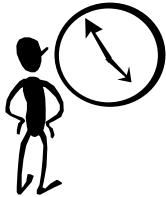


How are you doing in your learning?

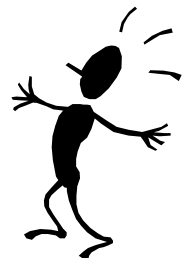
What keeps you coming to Project Read every week?



What do you feel you've learned in the last 4 months?



How do you know when you've learned something? What happens in your mind? What happens in your body?



What are your learning strengths?

Check off the boxes beside the sentences that sound most like you. You may have checks in every section because we all have some ability in each area. The areas you are especially strong in will have the most check-marks. When you know what areas you are stronger in, it will help you use those strengths to learn. For example, if you know that you have musical strengths, you could make up a song to help you remember something.

❖ Body Movement - "Body smart"



- I like to play sports.
- I like doing crafts and working with my hands.
- I touch objects to learn about them.
- I like going for walks.
- I can't sit still for too long.

❖ Interpersonal (how well you understand people) - "People smart"

- People often ask me for advice.
- I talk to people about my problems.
- I like to be with people in my community.
- My friends are very important to me.
- I like to teach people the skills that I have.



❖ Intra-personal (how well you understand yourself) - "Self smart"



- I like to spend time by myself.
- I like to work by myself.
- I try hard to develop my strengths and skills.
- I set goals for myself.
- I like myself (most of the time).

❖ **Logical/Mathematical - "Number smart"**

- I enjoy math, even when it's hard for me.
- Patterns help me to remember things.
- I like to learn how things work.
- I like to find solutions to problems.
- I am very organized.



❖ **Musical/Rhythmic - "Music smart"**



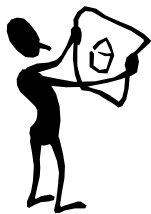
- I listen to music often.
- I usually tap my feet when music is playing.
- I like to sing.
- I play a musical instrument.
- I often hear music in my head.

❖ **Verbal/Linguistic - "Word smart"**

- I like writing, even when it's hard for me.
- I like to talk.
- I like to listen to talk-radio.
- I enjoy learning new words.
- I use books to learn about things.



❖ **Visual/Spatial - "Picture smart"**



- I enjoy doing puzzles.
- Looking at pictures helps me to learn.
- I like to draw or doodle.
- When I close my eyes I can see pictures.
- Maps are useful to me.

❖ **Naturalist - "Nature smart"**

- I enjoy the changing of seasons.
- I enjoy gardening.
- I have lots of house plants.
- I remember the names of plants.
- I like to be around animals.



How do I use my learning strengths?

Here are some ideas to help you use your learning strengths.

If you are **body smart**...

- Work in an area that you can move around in.
- Take breaks and stretch or jump around while you are learning.
- Make a craft that shows what you have learned.

If you are **people smart**...

- Come to groups at Parkdale Project Read.
- Talk to people about what you have learned.
- Ask lots of questions.



If you are **self smart**...

- Find a quiet time and place to work by yourself.
- Write a journal.
- Set mini-goals for yourself.

If you are **number smart**...

- Organize your work into small groups before you tackle it.
- Try to learn things step by step.
- Take things apart to learn how they work (like a bike, a car, or even a word!)



If you are **music smart**...

- Listen to music while you are reading (try music with no words).
- Write a song or a poem to help yourself remember something.
- Tap once on a desk for each letter in a word you are learning to spell. Try to tap faster and faster.

If you are **word smart**...

- Write a story about your learning, your life or your goals.
- Take notes while you read or listen to something and re-read them afterwards.
- Talk to people about what you are learning about.

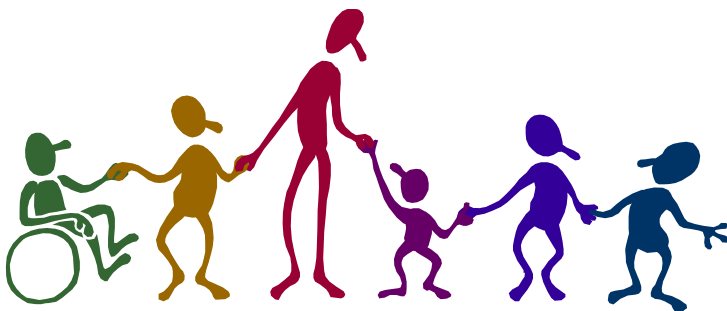
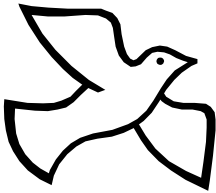
If you are **picture smart**...

- Draw a picture or a diagram to help you to learn about something.
- Choose books with lots of pictures in them.
- Try to picture a word in your head before you spell it.

If you are **nature smart**...

- Take a walk or sit outside before you start your work.
- Try to work somewhere where you can see a big tree or some flowers from a window or put some flowers on the table near you. Look at them as you think about what you are learning.
- Make a spelling list of names of trees, flowers, birds and animals that you want to learn about.

Write about what these
pictures mean to you?



wordsearch puzzle



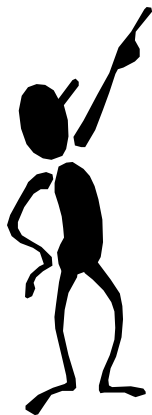
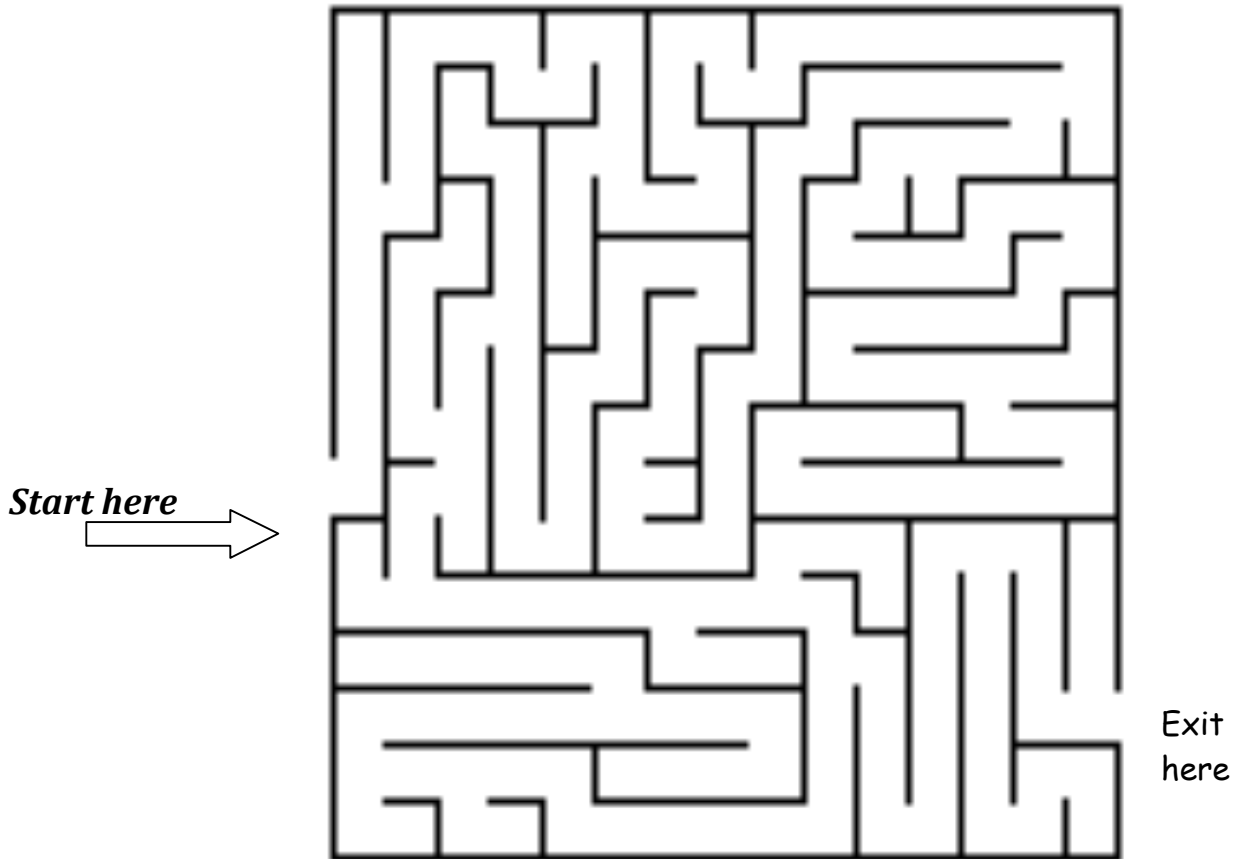
a m d y m c c g g g z s i b k
f u d w p f n o l o e z w e e
m o u j o i s t m a a r o m e
b v c q n t p h d p i l o v y
u x d r i h e i b t u t s l k
z e a r s y l n e b i t i v g
z e i b x a l k t o y c e b p
l p l v j u i i n q n b o r w
s r i b w p n n g e r m d f e
k l m f e x g g p e z i g n s
s i n g i n g u a c o u o i c
h h m x c u z d x a s m x u h
o t u q w k i b r r t b s p o
v m a t t n y r v p g l r a o
s f z m g n i l l u l g v p l

Find the words listed below in the puzzle.

- | | |
|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> body | <input type="checkbox"/> computer |
| <input type="checkbox"/> emotion | <input type="checkbox"/> goals |
| <input type="checkbox"/> learning | <input type="checkbox"/> pencil |
| <input type="checkbox"/> math | <input type="checkbox"/> reading |
| <input type="checkbox"/> school | <input type="checkbox"/> singing |
| <input type="checkbox"/> spelling | <input type="checkbox"/> spirit |
| <input type="checkbox"/> thinking | <input type="checkbox"/> write |

A-Maze-ing

This is hard to do but keep trying different directions and you will find your way out of the amazing maze!



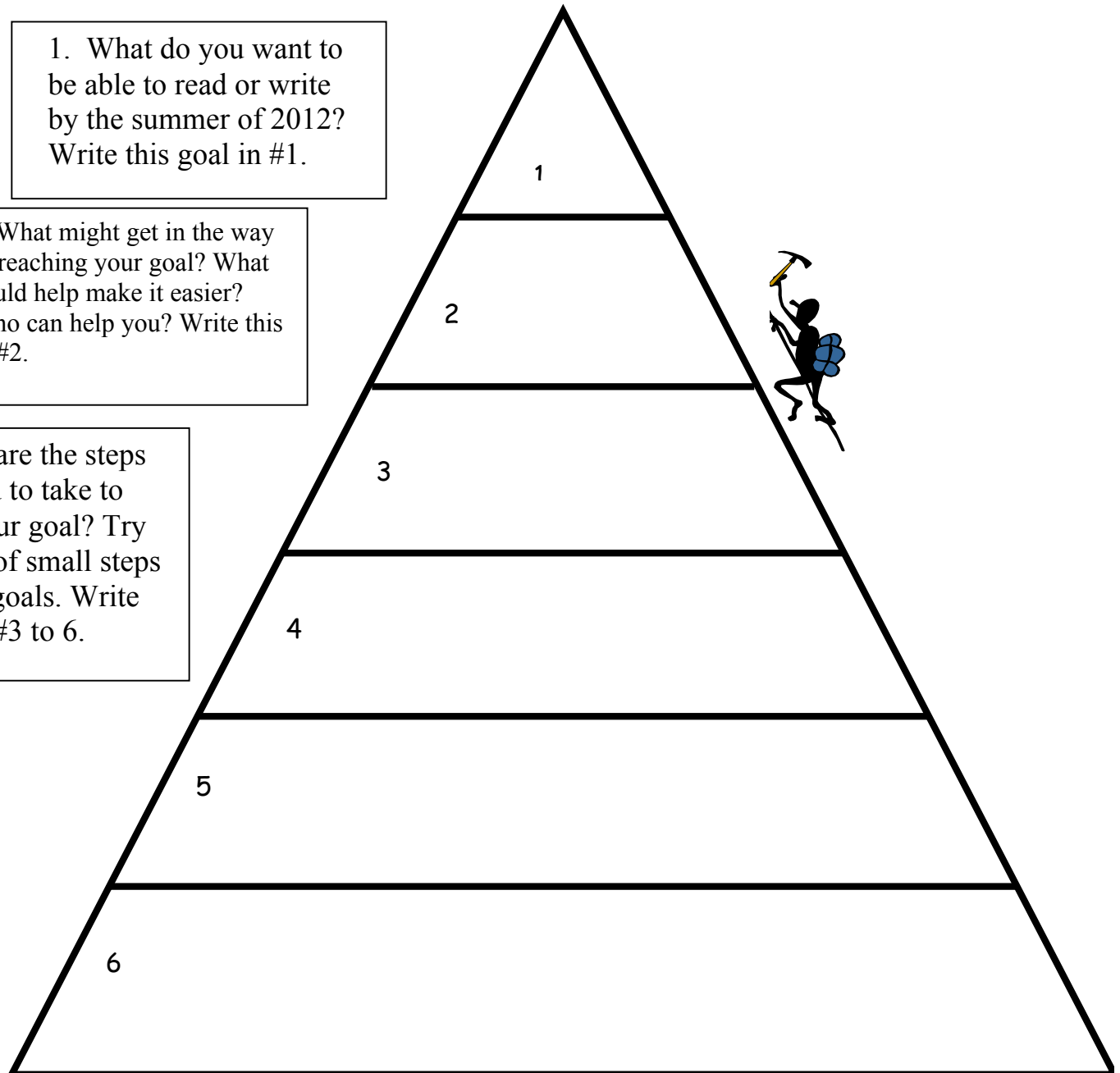
One way to set your learning goals

Ask for help from your tutor, group leader or a staff person to do this exercise.

1. What do you want to be able to read or write by the summer of 2012? Write this goal in #1.

2. What might get in the way of reaching your goal? What could help make it easier? Who can help you? Write this in #2.

3. What are the steps you need to take to reach your goal? Try to think of small steps or mini-goals. Write these in #3 to 6.



- Pick a day on which you want to complete your goals. As you work towards your goals you can make changes to the dates if you need more time to complete your goals.
- When you have done that mark your goals on the calendars on the next page.
- Work on your goals each week in your group or with your tutor. Talk about how you are progressing with your tutor or with staff.