

Quotations

to help us keep peace and joy alive as we work for change

A movement is growing: People are seeing the necessity to not only oppose this war, but to oppose all imperial war. People are seeing the need to not only seek peace now, but to seek pervasive and lasting peace, and not just peace but also justice. People are seeing the need to not only reject the barbaric, the colonial, and the domineering, but to propose and advocate positive alternatives to capitalism, patriarchy, and racism.

A movement is growing that can persist to fight again and again, amassing strength as it goes. By the standard of winning big changes every day, this movement will lose, lose, lose, for awhile. But by the standard of daily growing bigger, broader, more committed, and more competent, it will win, win, win. And as a result of those continuing achievements, it will begin engineering a trajectory of smaller and then larger changes in society that will each in turn improve people's lives and create conditions for still more improvements, right up to establishing an alternative world we can all celebrate. **Michael Albert** in Znet <http://bit.ly/1CJMJIA> April 11, 2003.

There are as many ways of creating the new world as there are creative individuals to do it. – **Elisabet Sahtouris**

Only she who attempts the absurd can achieve the impossible. – **Sharon Schuster**

Do not be daunted by the enormity of the world's grief. Do justly, now. Love mercy, now. Walk humbly, now. You are not obliged to complete the work, but neither are you free to abandon it. -**The Talmud**

One of the most calming and powerful actions you can do to intervene in a stormy world is to stand up and show your soul. Soul on deck shines like gold in dark times. The light of the soul throws sparks, can send up flares, builds signal fires ... causes proper matters to catch fire. To display the lantern of soul in shadowy times like these -- to be fierce and to show mercy toward others -- both are acts of

immense bravery and greatest necessity. Struggling souls catch light from other souls who are fully lit and willing to show it. If you would help to calm the tumult, this is one of the strongest things you can do. - **Clarissa Pinkola Estes**

There is a contemporary form of violence to which the idealist fighting for peace by nonviolent methods most easily succumbs: activism and overwork. The rush and pressure of modern life are a form, perhaps the most common form, of its innate violence. To allow oneself to be carried away by a multitude of conflicting concerns, to surrender to too many demands, to commit oneself to too many projects, to want to help everyone in everything is to succumb to violence. More than that, it is cooperation in violence. The frenzy of the activist neutralizes his or her work for peace. It destroys one's own inner capacity for peace. It destroys the fruitfulness of one's own work, because it kills the root of inner wisdom which makes work fruitful. - **Thomas Merton**